



Interuniversity College for Health and Development Graz / Castle of Seggau, A  
= Interuniversity Workgroup for Health and Development (reg. assoc.)  
& branch campus University Azteca / Universidad Central de Nicaragua

**Curriculum doctoral programmes in:**  
**- Health Sciences**  
**- Psychology**  
**- Education**

*Annotations:*

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This document refers to the format "Validation of Distance-Mode Schemes at International and UK Centres" in the Validation Handbook of Quality Assurance -Health Studies- of the University of Wales and the related pro forma. It also covers the requirements of the Austrian Ministry of Science and Education.

All modules are taught at the doctoral level.

**Name of Institution**

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Interuniversity College for Health and Development Graz / Castle of Seggau, A

**Address of Head Office**

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Petrifelderstraße 4  
8042 Graz  
Austria

Tel.: +43 316 42 38 13  
Fax: +43 316 42 67 08

E-mail: [college@inter-uni.net](mailto:college@inter-uni.net)  
[www.inter-uni.net](http://www.inter-uni.net)

**Head**

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Prof. Dr. Dr. P.C. Endler, full professor at Universidad Azteca and at Universidad Central de Nicaragua

**Address of teaching centre**

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Interuniversity College for Health and Development Graz / Castle of Seggau, A  
Castle of Seggau, 8430 Leibnitz, Seggauberg 1, Austria  
([www.inter-uni.net](http://www.inter-uni.net), Prof. Dr. Dr. P. C. Endler)

**Address of validation centres**

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- Universidad Azteca, Palma No. 61, Barrio San Antonio Chalco, Edo. de México, CP. 56600  
([www.universidadazteca.edu.mx](http://www.universidadazteca.edu.mx), Prof. Dr. Dr. Gerhard Berchtold)
- Universidad Central de Nicaragua, Reparto el Carmen Frente a Radio 580, Managua,  
Nicaragua ([www.ucn.edu.ni](http://www.ucn.edu.ni), Prof. Dr. Dr. Gerhard Berchtold)

**Course (joint degree)**

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Postgraduate doctoral programmes in:  
Health Sciences / Psychology / Education

**Mode of delivery**

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Blended learning: on-campus and distance learning

History of the institution

Legal frame

Corporate mission

*General*

*Research and publication purposes*

*Teaching and learning purposes*

Size of the institution

Structure of the institution

Goals of the programmes

Learning outcomes and qualification profile

The programmes of study

*Delivery schedule & subjects*

*Level*

*Hours and workload*

Assessment regulations

*Assessment of modules*

*Essays ("REs")*

*Internet tutorial feedback ("RERE")*

*Assessment of doctoral thesis*

Admission criteria

Module descriptors of the doctoral programme

*Survey of module titles and ECTS-points*

*Technical details and details of aims and learning outcomes at module level, bibliographies*

*Module 1: Working Scientifically + scientific reflection group*

*Module 2: Salutogenesis, enhancement of health + communication group*

*Module 3: Depth Psychology + case supervision group*

## Mapping

*Mapping of learning outcomes and modules*

*Mapping of assessments and learning outcomes*

## Procedural details

*Work commitments, modes of submission, marking results*

*Dates for submissions, penalties for late submissions, referrals procedure, compensation /  
condonement pattern*

*Coherence*

*Recruitment points*

*Pre-requisites*

*Progression*

*Distance learning and student motivation*

*Rules regarding examinations*

*Appeals procedures*

*Secure identification of students, protection against plagiarism, unfair practice procedure*

*Examination centres*

*Accreditation of prior learning*

*Throughout the course, students are expected ... (survey)*

*Monitoring of student progress on the course (survey)*

*Access to facilities for disabled students*

*Minimum requirements for students' hardware and software*

*Details of the technical support arrangements for on-line facilities*

*Passwords etc.*

*Student Handbook*

*Staff Handbook*

## Ressources

*Seminar centre and offices*

*Teaching materials*

*Library provision*

*Laboratory facilities*

## Staff

*General*

*Staff development policy*

*Technical and administrative staff*

## Quality assurance

## List of further materials

## History of the institution

The Interuniversity College for Health and Development Graz / Castle of Seggau was founded in 1999. It is the hub of an international network of university institutes, departments and work groups that wish to document their special professional interests with further scientific and psychosocial qualifications. More than 30 partner institutions come from education, psychosocial training, public health, health promotion, natural science and medicine. Together with other partner organizations, they form the *inter-uni.net for integrated health sciences*.

Students entering the programmes of study come from helping or teaching professions.

The College coordinated between 2002 and 2005 a Leonardo da Vinci project funded by the European Commission with the aim of providing tools for scientific and psychosocial qualification among the abovementioned target groups of professionals.

Since 2000 and 2004, respectively, the College has run two courses, an MSc Complementary & Psychosocial Health Sciences and an MSc Child Development. All teaching at the College follows a blended learning format, with integrated group work in groups of about 12 students each.

Both Master programmes were accredited in accordance with the Austrian Law on University Studies (§ 27-28) (most recent re-accreditation 2009). Furthermore, they were evaluated by the Validation Board of the University of Wales (2008-2010) and an International Coaching Agency (2009-2010).

In 2010, the legal body governing the College, i.e. the Interuniversity Workgroup for Health and Development (registered association in Graz, Austria) has entered a cooperation with the Universidad Azteca, Mexico (UA) and the Universidad Central de Nicaragua (UCN). The UA and the UCN now run branch campi in Graz-Seggau. Thus, the College consists of the workgroup, responsible for know how transfer on European academic issues and the UA and UCN branch campi.

The programmes of the UA / UCN at the branch campi have been registered by the Austrian Ministry of Science and by the Austrian Accreditation Agency in 2012 and in 2015/2016.

## Legal frame

The doctoral degree is offered by the Universidad Central de Nicaragua. With regard to Austrian laws, the Universities are recognised foreign institutions of postsecondary education and the degrees awarded can be used according to § 27 of the Austrian Act on Quality Assurance in Higher Education. The doctoral degrees in Health Sciences / Psychology / Education are university own degrees and can be used, abbreviated as “Dr.” before the name on name-plates, private and business letter-heads, business-cards, and in correspondence (private and public), as outlined in the respective legal provisions mentioned above.

## Corporate mission

### **General**

To offer postgraduate programmes that address specific needs within the health system and the educational system in society. Based on the fact that:

- Health Sciences as well as Psychology as well as Education play an important role in public health / public education in society.
- These approaches must be subject to both scientific justification and quality assurance with regard to psychosocial aspects in order to optimize their function within the health and

education system and society. Furthermore, research and development are necessary

- Evaluation of teaching and learning should be based on students' original own competency and should go hand in hand with the development of new interdisciplinary perspectives of teaching and learning and of relevant tools including on-campus and distance (virtual) group communication and feedback
- All cognitive teaching and learning, including concerns of the helping professions, of education, research and public health projects, should be embedded in a carefully designed emotional and social background that is also reflected in the College's structures and processes. This includes various feedback elements and communication groups, psychosocial supervision and Balint groups
- The research lines of the programmes are followed both by staff and students, together with further academic partners, and should lead to regular scientific publications of the College. Part of students' course work and of assessment mimic the feedback procedure following submission of a scientific manuscript and the journal's peer review process
- Thus, cognitive-scientific and emotional-psychosocial key skills are delivered.

Through its study programmes the College enables persons from diverse disciplines, with professional experience, to expand their professional knowledge and improve their practical skills. It supports them in performing executive functions in research, academic teaching, adult education, public relations work, and interdisciplinary projects.

#### ***Research and publication purposes***

The mindset in which research is carried out at the College has a formative influence in the institution as a whole. Main areas for research and publications, both for staff and students, are:

- Health Sciences
- Psychology
- Education

#### ***Teaching and learning purposes***

Teaching and learning purposes are:

- to deliver a high level of instruction for students, in terms of excellence in teaching, in the intensity of the studies and the range of learning experiences offered with the aim of training experts
- to offer programmes of studies based on the *topic (thematic) centred interaction* paradigm to cover all major aspects of the academic topics both from a scientific and a psychosocial /emotional aspect, to enable students to acquire all necessary knowledge and skills as such experts, at the same time encouraging their individuality and personal approach to the field
- to encourage students to apply critical thinking in their everyday practice as helping professionals, and to apply creative intuition when progressing from practice to theory
- to install amongst students a high level of ethics with regard to their profession
- to offer such training at the highest level in order to critically support academic recognition of selected complementary and innovative methods within the health and education system, and to address problems of helping professionals in these fields
- to deliver skills for scientific research and investigation on complementary and innovative methods in collaboration with the College's partners, including generation of knowledge by both strategic and creative / associative thinking
- to deliver skills for adult education (including presentation) and information of the public (including discussion and social skills) as well as conducting public health projects (including project management skills)

- to foster critical discussion on the limits of competencies in the individual professions and the necessity of networking on health and psychosocial issues
- to train helping professionals to enhance their efficacy and work satisfaction.

All programmes of study, including the doctoral programme, are offered under a blended learning format with the aim of fostering sustainable processes and lifelong learning and provide students with further scientific and psychosocial qualifications, not leading to new therapeutic professions.

This is ensured via:

- use of a specially designed teaching and learning environment
- staff numbers suitable to maintain personal contact with students
- organizing students in working groups of about 12 for continuous work groups both on-campus and on the distance learning platform)
- on-campus weekends including theory workshops / students' self-reflection on their own original competency / case supervision
- internet interaction including study units (multimedia VLE and texts) / personal work / tutorial feedback
- fostering students' own learning process through literature research / everyday practice / personal reflection and self-awareness
- emphasis on research (quantitative and qualitative)

## Size of the institution

- staff (2 full time, 20 part-time)
  - academic staff: 22
  - management staff: 6
  - external management staff: 6
  - academic staff with management responsibilities: 3
  - external services staff: 7
  - external programme auditors: 2
  - external examination auditors: 2
- current students and alumni on M-level, as of 2016: 750
- research fellows on D-level: around 75

## Structure of the institution

The organizational chart of the College is shown in the Appendix. One and the same person may hold several posts. All key positions are covered by the person holding the position and a deputy who is nominated to provide support as required. This is not always indicated in the academic and management structure below (for the sake of simplifying) but it is an important aspect of the College as it ensures contingency plans in the event of someone being temporarily unavailable (e.g. temporary sickness, holidays etc.) as well as providing the next properly inducted generation for the future when key people retire.

### ***Mission Maintenance Board***

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The Mission Maintenance Board shall exercise the following functions provided that in all academic matters it shall act only after the Management Board and the Board of Directors shall have had a reasonable opportunity of considering and reporting in these fields:

- determine Institute policy and guide the Institute's development in compliance with the legal framework
- ensure the maintenance of premises and educational facilities and their development in compliance with the Institute's business plan

- appoint, pay and if necessary remove the Head and all members of the academic and other staff.

### ***Scientific Board***

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Affiliated to the Mission Maintenance Board are the members of the *inter-uni.net for integrated health sciences*, i.e. more than 30 international institutes or departments at University level, plus individual experts at University level. These have advisory capacity.

### ***Core Management Board***

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The Core Management Board manages all aspects of the validated programme of study to include all academic, administrative, financial and resources matters on a day-to-day level and also with regard to future planning and budgeting. The Management Board ensures that effective, efficient and fully accountable line management procedures are in place together with an appropriate committee structure to ensure transparency and effective communications.

The Core Management Board will prepare business and budgetary plans for the approval of the Mission Maintenance Board.

#### *Membership*

- The Head
- The Administrative Director
- The Head of Finances

#### Head

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- Chief academic and executive officer.

#### Administrative Director, Head of Finances

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- Responsible for the supervision of the administrative services and for the day to day running of the school, timetables, communication with the students, student complaints and exam records. Also responsible for the management of the school's library resources and other services offered to students. Reports to the Head.
- Responsible for the supervision of finances and bookkeeping.

### ***The Academic Board***

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#### *Membership*

- The Head (see above)
- The Academic Directors
- The Course Leader
- The Module Leaders
- The Module Work Group Leaders

#### Academic Directors

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Responsible for supervising the academic curriculum, teaching and assessment. Ensure that quality assurance guidelines are maintained. Giving advice concerning students' theses (not responsible for theses contents, see Thesis Supervisors). Report to the Head.

- The Scientific Director
- The Medical Director
- The Depth Psychology Director

#### Course Leader

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Responsible for executing the academic curriculum, teaching and assessment; supervising Module Leaders. Report to the Academic Directors.

#### Module Leaders

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Responsible for teaching the modules; supervising Module Teachers (if applicable) and Module Tutors. In close contact with Module Work Group Leaders. Report to the Course Leaders.

#### Module Work Groups Leaders

Responsible for the special group work part (scientific or psychosocial) included in each of the modules. In close contact with the Module Leaders.

- Psychosocial Group Leaders (Balint, Case Supervision, Communication); include issues of pastoral care into group work and can be addressed for individual counseling. Report to the Depth Psychology Director
- Scientific Reflection Group Leaders (reflection of the original competency, reflection of research issues); include issues of personal academic tutoring (mentoring) into group work and can be addressed for individual mentoring. Report to the Scientific Director

#### Further Group Leaders

Responsible for additional extra-curricular work in semi-open groups.

- Trouble Analysis Network: Based on psychotherapeutic group analysis, concerns problems students, alumni and staff may encounter within the institutional structure that can be solved by awareness of transference and counter-transference phenomena. In addition, this also concerns problems related to learning and creative performance, such as writer's block or researcher's block, which have not (yet) been addressed in the Psychosocial Module Work Groups. Participants use to join this semi-open group by themselves but may also be referred to this group by the Appeals Officers; Normally the Trouble Analysis Network Leader refers students to the Psychosocial Groups Leaders in due course which in their turn may suggest external counselling. The Leader is assisted by a Co-Leader and supervised by an Appeals Officer and the Depth Psychology Director.

#### Appeals Officers

Deal with student's complaints, refer to the respective staff and supervise measures taken by staff

#### Further Academic Staff and External Specialists

#### Further Administrative Staff and External Specialists

#### External Services

### ***The Examination Committee***

The Examination Committee is responsible to provide adequate questions and tasks for the examination process and examines or supervises examination of the students.

#### *Membership*

Three leading staff members including the Course Leader

### ***Examining Board***

The Examining Board discusses and considers the results.

#### *Membership*

- The Head
- The Course Leader
- A third leading staff member
- The Quality Assurance (QA) Responsible of the Course

### ***Joint Board of Studies***

The Joint Board of Studies can discuss all questions regarding the institution and its programmes, its policy and strategies in a problem orientated way.

#### *Membership*

- The Head

- The Course Leader
- A third leading staff member
- The Quality Assurance (QA) Responsible of the Course

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### ***All Staff Committee***

Can discuss questions regarding course contents, course structure, facilities/resources and staff development. Will also discuss student feedback reported from the Staff/Student Liaison Committee. All members of the academic staff will be invited to assist. Minutes will be taken and forwarded to the Academic Board.

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### ***Research Committee***

Research Coordinators, Thesis Supervisors, and Publication Coordinators will coordinate all research activities of the College, including research of staff, of research fellows, and of students. Specially, these will establish guidelines and make proposals for research activities and supervise student's thesis work (dissertation) as well as recommend budget allocations to support those.

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### ***Ethics Committee***

This committee will supervise all research activities of the College from the ethical point of view.

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### ***Pastoral and Personal Tutoring (survey)***

- Pastoral Tutoring: Psychosocial Work Group Leaders and the Problem Analysis Group Leader include issues of pastoral care in the group work. They can be addressed for individual counseling. Report to the Depth Psychology Director. In case of crisis management on-campus and per distance counselling will be provided by the depth psychology director, the deputy of the depth psychology director and further staff
- Personal Academic Tutoring: Scientific Reflection Group Leaders include issues of personal academic tutoring (mentoring) in the group work. They can be addressed for individual mentoring. Report to the Scientific Director

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### ***Student assistance (survey)***

With academic related problems, students should contact

- the module leaders
- the course leaders
- the academic directors

With logistical problems relating to the mode of delivery, students should contact

- the learning platform coordinator
- the secretary
- the administrative director

With personal problems, students should contact

- the psychosocial work groups leader, who also functions as pastoral tutor for the members of their work group
- the depth psychology director / the deputy of the depth psychology director / the leader of the problem analysis network

### ***Appeals Officer***

An Appeals Officer is available to the students in case of need.

## Goals of the programmes

The aim of the Doctoral Programmes in Health Sciences / Psychology / Education is to enable members of the health or education system (that have already acquired a degree on M-level) to take role in public discussion, research and teaching by being able to critically discuss, professionally present and teach, formulate research questions, integrate with one's own original competencies and with interdisciplinary projects the topics related to in Health Sciences / Psychology / Education and to perform research projects and publish research papers in these fields.

Doctorate candidates should be able to make a significant and original contribution to a specialized field of inquiry. They should demonstrate command of methodological issues and communicate results of research to peers, engaging in critical dialogue. They should accept accountability in related decision making including the use of supervision.

## Learning outcomes and qualification profile

M = module

- *M 1: Working and Writing Scientifically + scientific reflection group*  
to be able to critically discuss, professionally present and teach, formulate research questions on, integrate with one's own original competencies and with interdisciplinary projects the topics related to working and writing scientifically, and to independently perform research projects and publish research papers in these fields
  - as part of M 1: Scientific reflection on the student's original competency, with special regard to scientific working and writing in these fields
- *M2: Salutogenesis + communication group*  
with regard to the enhancement of health to be able to critically discuss, professionally present and teach, formulate research questions on, integrate with one's own original competencies and with interdisciplinary projects the topics related to health promotion (WHO) and community and individual promotion of health, guided by resources, complementing the patho-genetic viewpoint by a saluto-genetic one, and to independently perform research projects and publish research papers in these fields
  - as part of M 2: Communication skills: theory, exercises, reflection and discussion, with special regard to salutogenesis and scientific working and writing in these fields
- *M 3: Depth Psychology + case supervision group*  
to be able to critically discuss, professionally present and teach, formulate research questions on, integrate with one's own original competencies and with interdisciplinary projects the topics related to therapeutic relationship between self awareness and casework, and to independently perform research projects and publish research papers in these fields
  - as part of M 3: Therapist client interaction: psychological case supervision, Balint work, reflection and discussion, with special regard to depth psychology and scientific working and writing in these fields
- *Doctoral thesis in a field of Health Sciences OR Psychology OR Education*  
to be able to critically discuss the state of the art in a chosen area of research, to formulate a new research question, to adapt relevant methodology for one's own investigation, to perform and evaluate that investigation, to professionally present the data, and to discuss data in the frame of the hitherto current knowledge. This includes publication in peer reviewed media and dealing with peer reviewers' comments.

In their doctoral thesis, students should be able to make a significant and original contribution to a specialized field of inquiry demonstrating a command of methodological issues and engaging in critical dialogue with peers; accepting full accountability for outcomes.

- as part of working on the doctoral thesis: Workshops and required reading on Health Sciences OR Psychology OR Education.

## UK Validation Form Programme Learning Outcomes: What a Graduate Should Know and be able to do on Completion of the Programme

To gain the qualification the student will have demonstrated the following skills and capabilities:

The programme aims to address 5 key areas, under which the learning outcomes have been amalgamated. For clearer presentation of the material different colors have been used across the columns.

- 1) concept evaluation
- 2) link to one's own profession
- 3) research
- 4) education, public information, public health projects
- 5) self and social competencies for helping professionals

| i) Knowledge and understanding in the context of the subject, i.e. Complementary, Psychosocial and Integrative Health Sciences (IHS) | ii) Cognitive skills  | iii) Subject-specific practical \ professional skills   | iv) General \ transferable skills   |
|--|---|---|---|
| <p>establish an overview of elements of Complementary, Psychosocial and Integrative Health Sciences (IHS), namely</p>                | <p><b>1) concept evaluation:</b><br/>critically evaluate and analyze the concepts re (i) and assess their pros and cons</p>   | <p><b>1) concept evaluation:</b><br/>discuss concepts of IHS in an interdisciplinary approach</p>   | <p><b>1) concept evaluation:</b><br/>abstract thinking, discursive skills, writing skills, interdisciplinary reasoning, networking skills</p> |
| <p>a) public and individual health – sociology<br/>b) depth psychology</p>   | <p><b>2) link to own profession:</b><br/>consider features of one's original professional qualification and skills relevant to IHS and critically discuss these</p> | <p><b>2) link to own profession:</b><br/>apply and implement into one's own practice<br/>a synthesis of one's original professional qualification and IHS</p> | <p><b>2) link to own profession:</b><br/>integrative thinking and integrative skills</p>  |

|   |  |  |   |
|---|--|--|---|
| <p>c) working scientifically</p> <p>and</p> <p>d) writing scientifically</p> <p>and describe and discuss their essential concepts</p> | <p><b>3) research:</b></p> <p>examine the relevance of literature, and of research questions, and critically discuss research results</p> <p>relate scientific creativity / intuition and scientific strategy / structuring with planning research</p> <p>realize the importance of interdisciplinarity / diversity for planning research</p>  | <p><b>3) research:</b></p> <p>participate in (threshold) and conduct or coordinate research on IHS</p> <p>apply and implement into research a synthesis of one's original professional qualification and IHS</p> <p>use bio-psycho-social perspectives in research</p>   | <p><b>3) research:</b></p> <p>critical and independent inquiry, ability to challenge ideas, autonomous research, research teamwork, data handling, skills in relating scientific creativity and scientific discipline</p>   |
|   | <p><b>4) education, information, public health projects:</b></p> <p>realize the importance of evidence-based information</p> <p>make factual arguments</p> <p>contrast and integrate alternative and contradictory points of view</p> <p>realize the importance of communication skills, interdisciplinarity and diversity for education, information and public health projects</p> <p>describe and discuss study results clearly (threshold) and on diverse levels of understanding</p> <p>describe the process of teaching and learning in feedback loops and from a cognitive and bio-psycho-social perspective, including dynamics in face to face and virtual groups</p> | <p><b>4) education, information, public health projects:</b></p> <p>plan and conduct relevant education (adult education), including professional presentation on IHS</p> <p>participate (threshold) and make factual arguments in public discussions on health issues and IHS</p> <p>participate in publishing (threshold) or perform or coordinate publication on IHS</p> <p>describe and discuss study results on IHS clearly (threshold) and on diverse levels of understanding</p> <p>inform (threshold) or advice decision makers</p> <p>participate (threshold) in public health projects or conduct or coordinate them</p> | <p><b>4) education, information, public health projects:</b></p> <p>presentation skills, education / teaching skills, argumentation skills, diplomacy skills, publication skills, publication teamwork skills, coaching skills, skills in relating theory and practice, skills in relating theory and emotional experiences, skills in relating specialization and diversity, organizational skills, time management and achievement of deadlines, participation in projects, skill to perform projects or coordinate them from a management position</p> |

|  |   |   |  |
|--|---|---|--|
|  | <p><b>5) self &amp; social competencies</b></p> <p>describe and discuss techniques of psychohygienic and stress management, communication and case supervision</p> <p>describe and discuss the need for tolerance in interdisciplinary and inter-hierarchical settings</p> <p>describe and discuss strategies for optimizing efficiency and satisfaction in helping professions</p> | <p><b>5) self &amp; social competencies</b></p> <p>use techniques of psychohygienic, stress management and communication</p> <p>demonstrate self-reflection and reflection of one's own profession and tolerance in interdisciplinary and inter-hierarchical settings</p> <p>demonstrate strategies for optimizing efficiency and satisfaction in helping professions</p> | <p><b>5) self &amp; social competencies</b></p> <p>reflective and self evaluation skills, stress management skills, good communication skills, good teamwork skills, leadership skills, skills for optimizing efficiency and satisfaction in helping professions</p> |
|--|---|---|--|

## UK Validation Form Qualities, Skills and Capabilities Profile

The educational and training goals of the programme seek to promote and demonstrate the following qualities, skills, capabilities and values in the student:

### i) Intellectual

capacity to critically reflect one's own original competencies

capacity to link new approaches to one's original knowledge and skills

capacity to address issues in an interdisciplinary way

capacity to address issues in a teamwork attitude

academic study skills applied to the study of Complementary, Psychosocial and Integrative Health Sciences (IHS)

critical evaluation and use of data collected through research and during projects

capacity to synthesize and summarize information and generate research questions / project proposals

capacity to test the validity of hypotheses / proposals

with regard to own research questions / projects, capacity to carry out appropriate research steps and test it against own hypotheses and literature

problem solving skills when dealing with contradictory information found in research and literature

problem solving skills when dealing with challenges in one's own (helping) profession, in IHS research, education, information of the public and in public health projects

strategy skills in the above

justification of chosen strategies

interpretation and discussion skills in data / evidence findings

capacity to contrast and integrate alternative and contradictory points of view

awareness of ethical issues when conducting the above projects

capacity to act on diverse levels of understanding

capacity to reflect on conscious as well as unconscious elements of communication and generation of knowledge

capacity of psycho-somatic apprehension

awareness of the importance of diversity as an instrument of work groups, education and research

### ii) Practical

capacity to integrate one's own original competencies e.g. as a therapist

capacity to prepare reports, papers, essays, articles etc. for own, research, education, information or public health project use

research skills to pursue research projects in a team and independently

flexibility, originality and tolerance in research discussions, education and information of the public and the ability to react appropriately to sudden problems or changes

capacity to describe, discuss and publish study results on IHS clearly and on diverse levels of understanding (e.g. experts – interdisciplinary interested parties – laymen)

understanding of the importance of confidentiality

understanding of the importance of equal relationships in helping professions and public work

understanding of effective factors (e.g. transference and counter transference) in therapeutic, education and public communication

empowerment and leadership skills

ability to cope with own weaknesses

ability to diagnose pathological relationships

ability to contain, deal with and transform other's and one's own confusing emotions

### iii) Personal and social

awareness of the needs and feelings of others and ability to communicate

communicate effectively with other professionals

ability to cope with a position of responsibility

self-awareness, self-reflection and self-care, a.o. awareness of one's own and others' feelings and needs

awareness of one's own personal and professional limits, a.o. awareness of the impact of early relationships on personal and professional life; capacity of burnout prevention

ability for self motivation

ability to work in a team and motivate others

consideration towards others, ethical awareness

respectfulness, empathy and affection in the helping profession

awareness that therapist – client problems are human relationship problems

awareness of the effective factors of communication in the therapist / client relationship, in education and in conducting public health projects

diplomacy and tolerance in interdisciplinary discussions and projects

awareness of the impact of groups (therapeutic, peer, working, project groups) on self development ("social resonance")

## The programmes of study

### **Delivery schedule & subjects**

The workload for the programme is equivalent to 180 ECTS-points, 20 points for each of the modules 1-3 and 120 points for research, participation in specific workshops and compilation of the doctoral thesis. It is in accord with international guidelines for doctoral degree programmes in continuing education.

The taught part consists of 3 modules of equal weight (M 1-3 in the table below) which are distributed in 2 years. Each of the modules consists of a theoretical main part and of additional thesis-orientated work groups. Both year 1, 2 and 3 are dedicated to writing the doctoral thesis.

*year 1      month 1,2,3      month 4,5,6      month 7,8,9*

|  |                               |                                   |
|--|-------------------------------|-----------------------------------|
| M 1, theory<br>Working<br>scientifically | doctoral<br>thesis,<br>part 1 | M 2, theory<br>Saluto-<br>genesis |
|--|-------------------------------|-----------------------------------|

|               |                 |
|---------------|-----------------|
| M 1, group    | sci. reflection |
| thesis, group | thesis          |
| M 2, group    | communication   |

*year 2      month 1,2,3      month 4,5,6      month 7,8,9*

|                              |                              |                                    |
|------------------------------|------------------------------|------------------------------------|
| doctoral<br>thesis<br>part 2 | doctoral<br>thesis<br>part 3 | M 3, theory<br>Depth<br>psychology |
|------------------------------|------------------------------|------------------------------------|

|               |                  |
|---------------|------------------|
| thesis, group | thesis           |
| thesis, group | thesis           |
| M 3, group    | case supervision |

*year 3      month 1,2,3      month 4,5,6      month 7,8,9*

|   |
|---|
| workshops<br>on Health<br>Sciences<br>OR<br>Psychology<br>OR<br>Education |
| doctoral<br>thesis<br>compilation   |

The table above shows the sequence of 3 modules, including work groups, plus thesis within 3 years. Months refer to months of the academic year, normally starting in October.

The doctoral thesis is normally based on empirical research (quantitative or qualitative) leading to two or three peer reviewed scientific papers with the candidate as first or corresponding author, or to a monography. Research papers are normally embedded in a monographic thesis structure. Publications should be prepared and edited mainly during the doctoral programme, and reference should be made in them to the programme. In exceptional cases the use of previous publications is acceptable. Data and publications generated during a Master theses can be used as a basis for deeper and broader research in preparation for the doctoral thesis. However, a mere remake of the Master thesis will not be accepted for a doctoral thesis.

Specific issues (scientific, organizational, psychosocial) concerning the individual doctoral thesis are discussed in the Thesis workgroups and during *privatissima*.

### **Level**

All modules are delivered on D-level.

### **Hours and workload**

The doctoral programme is offered under a blended learning format. It aims at fostering sustainable processes and lifelong learning.

Each of the modules consists of a theoretical main part (3 months) and of additional work groups (9 months, i.e. 1 academic year). The table below shows the mode of delivery of the module.

An on-campus workshop takes place to start the module. This workshop gives an overview on the topics and sections of the module, including the theoretical part and the work groups part, on the main aims and expected learning outcomes, as well as on strategies to achieve these. The workshop illustrates key elements of the module. This is then followed by the distance teaching part, which consists of internet interaction including 12 study units (multimedia VLE and texts), student's personal work, and tutorial feedback.

Student's individual learning includes submission of a series of written contributions per module, which are commented by staff to mimic the normal referee procedure following submission of an article to a scientific journal. Essays are assessed in the manner of the peer review process used by scientific journals. Dealing with that staff feedback is part of student's individual work, and is documented by submitting a revised contribution, the "optimized essay". The optimized essays presented also reflect students' ability to cope with staff feedback to students' preliminary contributions during the distance learning process.

Alternatively, a more extensive seminar paper may be submitted and discussed.

Another on-campus workshop takes place at the end of the theoretical main part of the module, i.e. after 3 month time. 3 month time distances between on-campus weekends have been found adequate both with regard to delivery of theory workshops as well as work groups.

At the final on-campus workshop the module is normally looked at and discussed from the point of view of the students' essays, and comprehensive conclusions are drawn. Furthermore, open questions to the module, among these possible research questions for students' theses, are considered.

Within this workshop, every student under supervision delivers an additional short written contribution in the context of the module (final test, see Assessment).

Students' written essays (see above) may include interdisciplinary work with regard to other modules of the programme. (Grades are only given for one module, however.) In any case, interdisciplinary work is fostered in the workshop at the end of the theoretical main part of the module. Thus, also possible interdisciplinary research questions linking different modules of the programme are considered.

An extended list of bibliography is provided. Students are directed to consider tasks to be further elaborated within the working groups running through the year.

*Annotation:* High interdisciplinarity is possible as staff normally, in addition to their original qualification, is familiar with other modules of the programme, too (see staff development policy).

Each of the modules (including work groups) comprises contact hours on-campus plus distance contact hours. Modules are designed in such a way that these contact hours plus independent learning hours lead to an total student workload of about 500 learning hours per module.

This is exemplified for one module in the table on total learning hours below:

- workshops on-campus and distance learning
- work groups on-campus
- independent learning.

The use of various methods to structure independent learning time is expected, fostering students' own learning process through reflection, literature research, data collection and everyday practice.

*month 1,2,3*

lectures: 16h  
(8+8)

*= presence at the start and the end of the theoretical main part of the module  
= intake of module summary and 11 study units, intake of 5 tutorial feedbacks to student's work*

distance: 51h

work groups: 16h  
(4+4+4+4)

*= groups on-campus*

independent

Learning A:

400-450h

*= preparatory + additional work to lectures, preparation of presentation for work groups, reading of study units and additional material  
= preparation of essays by:  
reflection of own professional and personal competencies,  
brainstorming, intuition based creative reflection  
literature research, further internet research, reading work,  
discussion with colleagues, contact with experts,  
field data collection if adequate, test in practical projects  
= writing and submission of essay, individual reflection of tutorial feedback,  
group reflection on essays and feedback, optimization of essay and re-submission  
  
= application of course contents and viewpoints in the student's everyday work,  
participation in interdisciplinary projects; and reflection in these fields*

*The table shows the modes of learning. This scheme is applicable to all modules in both programmes of study.*



The table provides general information on assessment. As can be seen from the table, modules 1 and 2 are assessed within year 1 and module 3 within year 2. The thesis is assessed at the end of year 3.

Assessment includes:

- written assignments (essays, 5 essays per module, as a rule delivered during the theoretical main part of the module, plus one essay to be delivered under supervision on-campus which contribute 75% to the marking (15% per each of the 5 essays delivered during the module and 0 %, i.e. pass or fail, for the essay to be delivered on-campus) OR one seminar paper which contributes 75% to the marking
- participation, presentation and team work in the work groups that are a compulsory part of each module, assessed “pass or fail”, i.e. a “pass” contributes 0% to the marking
- a final written or oral examination at the end of the year that contributes 25% to the marking.

This combination of assessment elements ensures efficiency as well as security, with special importance of the essay to be delivered under supervision on-campus for security OR presentation of the seminar paper. This aims at testing if the student has dealt with fundamental issues of the module. If the student is assessed a “fail”, this leads to a discussion on plagiarism with regard to the essays delivered during the distance learning phase. If a student failed in participation / presentation in the work group, he or she would have to repeat participation / presentation.

The following table is applicable to each of the modules and gives a survey on the summative elements of assessment and their contribution to marking.

|  |               |                               |
|--|---------------|-------------------------------|
| • essay 1  | 15%           | 0-15 marking points           |
| • essay 2  | 15%           | 0-15 marking points           |
| • essay 3  | 15%           | 0-15 marking points           |
| • essay 4  | 15%           | 0-15 marking points           |
| • essay 5  | 15%           | 0-15 marking points           |
| • essay on-campus  | 0%            | 0 marking points              |
| • work groups, participation and presentation (pass or fail) | 0%            | 0 marking points              |
| • final examination, written or oral                         | 25%           | 0-25 marking points           |
| <u>total</u>   | <u>= 100%</u> | <u>= 0-100 marking points</u> |

### **Essays (“REs”)**

Depending on the instructions given by the Module Leader, the student’s written contribution to a distance learning study unit (the “essay” or “RE”) should, as a rule, be presented in the manner of an abstract submitted to a scientific journal / a letter to the editor *or*, if applicable, in the manner of a self-reflective report in an advanced psychotherapeutic or psychosocial training programme / a spot presentation paper to a symposium. Furthermore, some of the essays to be delivered during the first two years already focus on mimicking elements of a Master thesis. *Annotation:* When, in selected modules, more than 5 essays have to be delivered, their weight, however, always amounts to a total of 75%.

Marking of written essays is always done analogously to a peer review comment of a scientific journal, namely

- paper (report) accepted without request of changes (= 15 marking points)
- paper (report) to be accepted after minor changes (= 12 marking points)
- paper (report) to be accepted after major changes (= 9 marking points)
- paper (report) duly submitted, but rejected due to

- considerable shortcomings (= 6 marking points)
- paper (report) duly submitted, but rejected due to severe shortcomings (= 3 marking points)
- paper (report) not submitted (= 0 marking points)

Moderated marking is used. No minimum mark is required for any element of assessment.

### ***Internet tutorial feedback (“RERE”)***

Together with marking, staff normally gives recommendations for changes or asks the student appropriate questions (internet tutorial). All staff feedback to all students of the group (about 12 persons) is always conveyed to each member of the group. At the same time, all students' preliminary contributions plus the staff's feedback are conveyed to each member of the group, which gives each student the additional possibility to integrate further aspects.

*Annotation:* All information is shared among the same group of about 12 students who also form the work groups on communication, case supervision and scientific reflection. This fosters a spirit of trust between the students, giving assurance that all feedback is communicated in a respectful and confidential way.

### ***Revision of the essay (“RE-RERE”)***

After the Internet tutorial and after having read the other group members' contributions and staff's feedback, the student resubmits his or her (revised) essay. Thus, the essay also reflects students' ability to cope with staff feedback during the distance learning process. This element is an indispensable part of the didactic process. Nevertheless it is not subject to marking (not even “pass or fail”).

### ***Assessment of doctoral thesis***

Another important element of the doctoral thesis is that it should be based on research that has been submitted to or published in scientific journals. Thus, external peer reviewers' comments and decisions are part of the thesis assessment process. The thesis is assessed in a peer review process by College staff (100% of the marking, moderated marking). A final presentation of the thesis project and its relationship to the modules by the student is necessary (pass or fail, 0% of the marking).

## **Admission criteria**

Applicants have original competencies in a field relevant to health or education.

They have completed academic training, i.e. have study skills (min. Master's level). They are:

- Alumni of a Diplom programme (Dipl.-, Mag., Lic., M), with 300 ECTS-points
- Alumni of a post graduate Master's programme (such a MSc Health Sciences or MSc Child Development), with a total of 300 ECTS-points including prior learning
- In exceptional cases alumni of a post graduate Master's programme , with a total of min 240 ECTS-points including prior learning

They are

- Physicians and dentists, psychologists, biologists, pharmacists, scientists in fields of health
- Members of health and social professions with therapeutic, counselling or care-giving academic qualifications
- Psychotherapists
- Teachers, educators, lecturers, (elementary) pedagogues
- Students who have an academic degree not related to the above, will be given an extended interview and may be admitted to the course

- Members of upper level health and patient care professions and graduates of relevant training programmes such as occupational therapists, physiotherapists, speech therapists, naturopaths, midwives, graduates of higher level medical-technical services will be welcome if they have additionally completed a Master's programme
- In addition those with at least seven years of relevant professional experience in public health or social work or another field relevant to health or child development promotion may be admitted after an extended interview if they have additionally completed a Master's programme.

All applicants must undergo an entrance interview which is to ascertain their level of prior education, scientific and psychosocial communication skills as well as a reality-based and conforming-to-law appraisal of the additional qualifications to be earned in the course of study applicable to their own professional field (enhanced professional efficiency and satisfaction, qualification for research, education and information of the public).

The programme itself will not provide a license to practice any kind of therapeutic method.

The course is taught in German or English. Students do not need to pass an official language exam to be admitted into the programme. Nevertheless they are interviewed and are expected to be fluent in either German or English. All students need to have sufficient level in order to read scientific texts in English as well as being able to understand occasional lectures given in English by guest lecturers.

## Module descriptors of the doctoral programme

### **Survey of module titles and ECTS-points**

- *M 1: Working and writing scientifically + group (20 ECTS-points)*
- *M2: Salutogenesis + group (20 ECTS-points)*
- *M 3: Depth Psychology + group (20 ECTS-points)*
- *Doctoral thesis (120 ECTS-points)*

*Modules* are divided in sub-sections (see Module Specifications).

*Module Leaders* are responsible for development and delivery of the modules. They are normally assisted by further staff for the group activities and may be assisted by further staff (module teachers) for the on-campus and / or distance learning theory elements. However, Module Leaders are responsible for monitoring students' progress and for individual assessment of students.

### **Technical details and details of aims and learning outcomes at module level, bibliographies**

All modules were developed since the year 2000 along one and the same line of teaching philosophy. The pattern used facilitates staff members' and students' orientation. The following holds true for all modules.

|                              |  |
|------------------------------|--|
| <i>Pre-requisites:</i>       | None   |
| <i>Level:</i>                | M  |
| <i>Total learning hours:</i> | 500, i.e.<br>83 hours contact (= 32 on-campus and 51 distance)<br>plus independent learning                              |
| <i>Credits:</i>              | 20   |
| <i>Teaching methods:</i>     | Lectures and workshops on-campus: 16h<br>Lectures and workshops distance: 51h<br>seminars (= work groups) on-campus: 16h |

**Module 1: Working Scientifically + scientific reflection group**

Module leader: P.C. Endler

Module teachers: Jens Türp, Roswith Roth, Wilhelm Mosgöller, Elke Mesenholl, Harald Lothaller, Günter Dietrich, Werner Lenz

Aims / Objectives:

- To be able to participate in research on Health Sciences / Psychology / Education and to independently perform research projects and publish research papers in one of these fields.
- To enable the student to
  - understand issues of working and writing scientifically
  - enhance efficiency in the student's original profession
  - participate in or conduct or coordinate projects in research, education and information of the public

*Learning outcomes – upon completion of the module “Working and writing scientifically”, the student will be able to:*

**1 concept evaluation**

establish an overview of the field of study, critically evaluate, contrast and discuss aspects of modes of generating knowledge (associative vs. directed thinking) an advanced view of key concepts of “science”, of “studies”, of study problems and study designs, of planning and structuring research work, of database research, of quantitative and qualitative research, of research teamwork, of interpretation and discussion of results, of presentation and publication of results

**2 link to the original profession**

apply and implement into one's own (therapeutic or counselling) profession key aspects of working scientifically, with special regard to integrated health sciences

**3 research**

critically discuss and apply aspects of working scientifically as elements of research, i.e. concerning appropriate designs for fundamental and applied research, qualitative and quantitative

**4 teaching & information of the public**

critically discuss and apply aspects of working scientifically as elements of teaching (adult education) and public information, with emphasis on research methods adequate to complementary, psychosocial and integrated health care / education methods and health care concerning clients and therapists

**5 self & social competencies**

critically discuss one's own original relationship to science, and illustrate changes to this relationship that have occurred during the module

**6**

demonstrate scientific reflection of one's own original profession and competencies with regard to Complementary, Psychosocial and Integrative Health Sciences

**7**

demonstrate the ability to participate in interdisciplinary work groups

*For further learning outcomes, teaching and learning activities, and assessments, see the table overleaf.*

| UK Validation Form Course Objectives, Match of Assessment Procedures  |   |  |
|---|---|--|
| learning outcomes<br><i>Working Scientifically + scientific reflection group</i>  | teaching and learning activities  | assessments (all summative)  |
| <b>1 concept evaluation</b><br>establish an overview of the field of study, critically evaluate, contrast and discuss aspects of modes of generating knowledge (associative vs. directed thinking) an advanced view of key concepts of “science”, of “studies”, of study problems and study designs, of planning and structuring research work, of database research, of quantitative and qualitative research, of research teamwork, of interpretation and discussion of results, of presentation and publication of results | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays,<br>1 presentation,<br>1 examination<br>OR<br>1 seminar paper, discussion |
| <b>2 link to the original profession</b><br>apply and implement into one’s own (therapeutic or counselling) profession key aspects of working scientifically, with special regard to integrated health sciences<br><br>demonstrate openness to reflect one’s own practice from the scientific perspective   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays,<br>1 presentation,<br>1 examination<br>OR<br>1 seminar paper, discussion |
| <b>3 research</b><br>critically discuss and apply aspects of working scientifically as elements of research, i.e. concerning appropriate designs for fundamental and applied research, qualitative and quantitative<br><br>critically discuss published results from fundamental research and consider alternative interpretations  | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays,<br>1 presentation,<br>1 examination<br>OR<br>1 seminar paper, discussion |
| <b>4 teaching &amp; information of the public</b><br>critically discuss and apply aspects of working scientifically as elements of teaching (adult education) and public information, with emphasis on research methods adequate to integrated health care concerning clients and therapists<br><br>demonstrate the ability to formulate alternative hypotheses and interpretations   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays,<br>1 presentation,<br>1 examination<br>OR<br>1 seminar paper, discussion |
| <b>5 self &amp; social competencies</b><br><i>demonstrate problem solving skills</i><br><br>critically discuss one’s own original relationship to science, and illustrate changes to this relationship that have occurred during the module<br><br>document the function of interdisciplinary cooperation in research and show knowledge of diverse quantitative as well as qualitative research approaches suitable for collective use   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays,<br>1 presentation,<br>1 examination<br>OR<br>1 seminar paper, discussion |
| <b>6</b><br>demonstrate scientific reflection of one’s own original profession and competencies with regard to Complementary, Psychosocial and Integrative Health Sciences<br><br>demonstrate an understanding of the importance of diversity / interdisciplinary as a resource for scientific group communication  | seminars (= work groups)  | Presentation   |
| <b>7</b><br>demonstrate the ability to participate in interdisciplinary work groups<br><br>demonstrate the ability to profit from inter colleague feedback  | seminars (= work groups)  | Presentation   |

*Syllabus – Topics*

1. modes of generating knowledge (associative vs. directed thinking)
2. key concepts of “science”
3. key concepts of “studies”
4. study problems
5. study designs
6. planning and structuring research work
7. database research
8. quantitative vs. qualitative research
9. research teamwork
10. interpretation and discussion of results
11. presentation and publication of results

**Module 2: Salutogenesis, enhancement of health + communication group**

*Module Leader:* Elke Mesenholl-Strehler

*Work group leaders:* Johann Freithoffnig, Renate Hutter, Paul Paß

*Aims / Objectives:*

- To emphasise health promotion in professional practice and to independently perform research projects and publish research papers in these fields
- To enable students to
  - understand community and individual health promotion, complementing the pathogenic perspective by a saluto-gentic one, guided by resources
  - enhance efficiency and satisfaction in their original profession
  - participate in or conduct or coordinate projects in research, education and information of the public

*Learning outcomes – upon completion of the module “Salutogenesis”, the student will be able to:*

**1 concept evaluation**

establish an overview of the field of study, critically evaluate, contrast and discuss concepts of salutogenesis versus patho-genesis, expert’s and client’s theories of health, responsibility for and partnership with the client, empowerment, sense of coherence, strategies for health promotion and prevention, e.g. the setting approach (family, school, working conditions, environment), topics of health promotion (nutrition, exercise and relaxation), target group specific interventions (age, gender, migrants, unemployed, deprived persons)

**2 link to the original profession**

apply and implement into one’s own (therapeutic or counselling) profession a synthesis of one’s original qualification and key aspects of “salutogenesis”

**3 research**

critically discuss and apply aspects of “salutogenesis” as elements of research, e.g. health promotion and prevention

**4 teaching & information of the public**

critically discuss and apply aspects of “salutogenesis” as elements of teaching (adult education) and public information, e.g. health promotion and prevention

**5 self & social competencies**

describe, illustrate and critically discuss one’s own attitude as a private person and as a helping / teaching professionalist towards concepts of health and health related activities, including client’s points of view and expert’s points of view

**6**

demonstrate communication techniques in dyadic / personal relationships

**7**

discuss communication techniques with regard to public health / education project designs

*For further learning outcomes, teaching and learning activities, and assessments, see the table overleaf.*

## UK Validation Form Course Objectives, Match of Assessment Procedures

| Learning outcomes<br><i>Salutogenesis + communication group</i>  | teaching and learning activities  | Assessments (all summative)  |
|--|---|--|
| <p><b>1 concept evaluation</b></p> <p>establish an overview of the field of study, critically evaluate, contrast and discuss concepts of saluto-genesis versus patho-genesis, expert's and client's theories of health, responsibility for and partnership with the client, empowerment, sense of coherence, strategies for health promotion and prevention, e.g. the setting approach (family, school, working conditions, environment), topics of health promotion (nutrition, exercise and relaxation), target group specific interventions (age, gender, migrants, unemployed, deprived persons)</p> | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <p><b>2 link to the original profession</b></p> <p>apply and implement into one's own (therapeutic or counselling) profession a synthesis of one's original qualification and key aspects of "salutogenesis"</p> <p>discuss psycho dynamics of relationships between proximity and distance, with regard to the original (therapeutic or counselling) profession</p>   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <p><b>3 research</b></p> <p>critically discuss and apply aspects of "salutogenesis" as elements of research, e.g. health promotion and prevention with regard to complementary medicine and health sciences approaches</p> <p>demonstrate advanced bibliographical research and autodidactic networking skills</p>   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <p><b>4 teaching &amp; information of the public</b></p> <p>critically discuss and apply aspects of "salutogenesis" as elements of teaching (adult education) and public information, e.g. health promotion and prevention</p> <p>participate in teaching and learning in feedback loops</p>   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <p><b>5 self &amp; social competencies</b></p> <p><i>demonstrate advanced skills in information technology</i></p> <p>describe, illustrate and critically discuss one's own attitude as a private person and as a helping professional towards concepts of health and health related activities, including client's points of view and expert's points of view</p> <p>demonstrate networking skills with regard to individual approaches (political, therapeutic, teaching, ...) to childhood and adolescence care</p>   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <p><b>6</b></p> <p>demonstrate communication techniques in dyadic / personal relationships</p> <p>demonstrate communication techniques in factual discussions, illustrate and critically reflect this with examples from one's own experience</p>  | seminars (= work groups)  | Presentation   |
| <p><b>7</b></p> <p>discuss communication techniques with regard to public health project designs</p> <p>demonstrate competency in problem oriented group learning</p>  | seminars (= work groups)  | Presentation   |

### *Syllabus - Topics*

1. saluto-genesis versus patho-genesis
2. expert's and client's theories of health
3. responsibility for and partnership with the client
4. empowerment
5. sense of coherence
6. strategies for health promotion and prevention, e.g. the setting approach (family, school, working conditions, environment)
7. topics of health promotion (nutrition, exercise and relaxation)
8. target group specific interventions 1: age
9. target group specific interventions 2: gender
10. target group specific interventions 4: unemployed, deprived persons
11. target group specific interventions 3: migrants

**Module 3:                   Depth Psychology + case supervision group**

Module leaders:           Paul Paß, Elfreide Wieser

Aims / Objectives:

- To facilitate the development of relationships in professional practice and to independently perform research projects and publish research papers
- To enable students to
  - understand depth psychology as a system to explore health, illness and healing as well as relations and interactions, including those of therapists and clients
  - enhance efficiency and satisfaction in their original profession
  - participate in or conduct or coordinate projects in research, education and information of the public

*Learning outcomes – upon completion of the module “Depth Psychology”, the student will be able to:*

**1 concept evaluation**

establish an overview of the field of study, critically evaluate, contrast and discuss concepts of neurobiological bases, the emotional background of learning processes, therapeutic relationship, including the awareness of conscious and unconscious aspects in transference and counter-transference, abstinence and free-floating attention, the significance of primary objects, illness as symbol, verbal and nonverbal communication, the therapist as (part of) the remedy, own competence and limits, crisis and burnout intervention, ethnological and spiritual resources

**2 link to the original profession**

apply and implement into one’s own (therapeutic or counselling) profession a synthesis of one’s original qualification and key aspects of (depth) psychology, with special regard to relationships

**3 research**

critically discuss and apply aspects of (depth) psychology as elements of research, e.g. creativity, brainstorming techniques (associative thinking), team interaction

**4 teaching & information of the public**

critically discuss and apply aspects of (depth) psychology as elements of teaching (adult education) and public information, e.g. the bio-psycho-social context, emotional background, conscious and unconscious elements in helping relationships

**5 self & social competencies**

discuss one’s experiences with techniques of psycho hygienics and stress management, as well as with (depth) psychological strategies for optimizing efficiency and satisfaction in helping professions

**6**

demonstrate a (depth) psychological understanding of helping relationships, including both responsibility for and partnership with the client

**7**

discuss strategies for optimized therapeutic / counselling intervention from a (depth) psychological point of view

*For further learning outcomes, teaching and learning activities, and assessments, see the table overleaf.*

| UK Validation Form Course Objectives, Match of Assessment Procedures  |   |  |
|---|---|--|
| Learning outcomes<br><i>Depth Psychology + case supervision group</i>   | teaching and learning activities  | assessments (all summative)  |
| <b>1 concept evaluation</b><br>establish an overview of the field of study, critically evaluate, contrast and discuss concepts of neurobiological bases, the emotional background of learning processes, therapeutic relationship, including the awareness of conscious and unconscious aspects in transference and counter-transference, abstinence and free-floating attention, the significance of primary objects, illness as symbol, verbal and nonverbal communication, the therapist as (part of) the remedy, own competence and limits, crisis and burnout intervention, ethnological and spiritual resources | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <b>2 link to the original profession</b><br>apply and implement into one's own (therapeutic or counselling) profession a synthesis of one's original qualification and key aspects of (depth) psychology, with special regard to relationships<br><br>discuss psycho dynamics of relationships between proximity and distance, with regard to the original (therapeutic or counselling) profession  | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <b>3 research</b><br>critically discuss and apply aspects of (depth) psychology as elements of research, e.g. creativity, brainstorming techniques (associative thinking), team interaction<br><br>reflect the generation of science between intuition and cognition  | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <b>4 teaching &amp; information of the public</b><br>critically discuss and apply aspects of (depth) psychology as elements of teaching (adult education) and public information, e.g. the bio-psycho-social context, emotional background, conscious and unconscious elements in helping relationships<br><br>participate in teaching and learning in feedback loops   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <b>5 self &amp; social competencies</b><br><i>demonstrate advanced ability of fluent expression (written and oral)</i><br><br>discuss one's experiences with techniques of psycho hygienics and stress management, as well as with (depth) psychological strategies for optimizing efficiency and satisfaction in helping professions<br><br>discuss and apply conscious and unconscious aspects of psycho hygienic   | lectures and workshops (both on-campus and distance), tutorials (distance), group discussions | 5 essays, 1 presentation, 1 examination OR 1 seminar paper, discussion |
| <b>6</b><br>demonstrate a (depth) psychological understanding of helping relationships, including both responsibility for and partnership with the client<br><br>demonstrate an understanding of casework between free floating association and scientific reflection   | seminars (= work groups)  | Presentation   |
| <b>7</b><br>discuss strategies for optimized therapeutic / counselling intervention from a (depth) psychological point of view<br><br>discuss the conscious and unconscious aspects of communication  | seminars (= work groups)  | Presentation   |

*Syllabus – Topics*

1. neurobiological bases
2. the emotional background of learning processes
3. therapeutic relationship, including the awareness of conscious and unconscious aspects in transference and counter-transference
4. abstinence and free-floating attention
5. the significance of primary objects
6. illness as symbol
7. verbal and nonverbal communication
8. the therapist as (part of) the remedy
9. own competence and limits
10. crisis and burnout intervention
11. ethnological and spiritual resources

## Mapping

### **Mapping of learning outcomes and modules**

The following table shows the learning outcomes of the individual modules. Each module focuses on imparting knowledge and understanding in one or several of the categories a-f. Learning outcome categories 1-5 are in principle important for every module (non-bold crosses), in accordance with the programme's holistic approach. Where they are of particular significance to a module they are represented by bold crosses. Learning outcome categories 1-5 cover cognitive, practical and transferable skills.

| Modules                | <i>knowledge ....</i> |          |          | <i>cognitive skills practical skills</i> |          |          |          |          |
|------------------------|-----------------------|----------|----------|--|----------|----------|----------|----------|
|                        | <i>a</i>              | <i>b</i> | <i>c</i> | <i>transferable skills</i>               |          |          |          |          |
|                        | <b>1</b>              | <b>2</b> | <b>3</b> | <b>4</b>                                 | <b>5</b> |          |          |          |
| Working Scientifically | <b>X</b>              |          |          | <b>X</b>                                 | X        | <b>X</b> | <b>X</b> | X        |
| Salutogenesis          |                       | <b>X</b> |          | X  | <b>X</b> | X        | X        | <b>X</b> |
| Depth Psychology       |                       |          | <b>X</b> | X  | <b>X</b> | X        | X        | <b>X</b> |

#### ***a,b,c,d,e,f = learning outcomes concerning knowledge and understanding***

establish an overview of and discuss

- a Working Scientifically
- b Salutogenesis
- c Depth Psychology

#### ***1, 2, 3, 4, 5 = learning outcome categories concerning cognitive as well as practical as well as transferable skills***

- 1 concept evaluation
- 2 link to own profession
- 3 research
- 4 education, information, public projects
- 5 self & social competencies

## UK Validation Form Key Skills Mapping

The following table gives a survey in which parts of the programme the key skills are developed, and where and how they are assessed. "Presentation" refers to presentation in on-campus work groups; "essays" and "exam" are worth 75% and 25%, respectively, of the module mark each.

| <i>Key skills</i>          | <i>Developed and assessed in modules</i> | <i>Assessment</i>               |           |
|----------------------------|--|---------------------------------|-----------|
| <b>Communication</b>       | Working scientifically                   | presentation, pass or fail      | exam, 25% |
|                            | Salutogenesis                            | presentation, pass or fail      | exam, 25% |
|                            | Writing Scientifically                   | presentation, pass or fail      | exam, 25% |
|                            | Depth Psychology                         | presentation, pass or fail      | exam, 25% |
| <b>Information skills</b>  | Working scientifically                   | essays, 75%                     | exam, 25% |
|                            | Salutogenesis                            | essays, 75%                     | exam, 25% |
|                            | Writing Scientifically                   | essays, 75%                     | exam, 25% |
|                            | Depth Psychology                         | essays, 75%                     | exam, 25% |
| <b>Working With others</b> | Working scientifically                   | presentation, pass or fail      | exam, 25% |
|                            | Salutogenesis                            | presentation, pass or fail      | exam, 25% |
|                            | Writing Scientifically                   | presentation, pass or fail      | exam, 25% |
|                            | Depth Psychology                         | presentation, pass or fail      | exam, 25% |
| <b>Problem solving</b>     | Working scientifically                   | essays, 75% / presentation, p-f | exam, 25% |
|                            | Salutogenesis                            | essays, 75% / presentation, p-f | exam, 25% |
|                            | Writing Scientifically                   | essays, 75% / presentation, p-f | exam, 25% |
|                            | Depth Psychology                         | essays, 75% / presentation, p-f | exam, 25% |
| <b>Study skills</b>        | Working scientifically                   | essays, 75%                     | exam, 25% |
|                            | Salutogenesis                            | essays, 75%                     | exam, 25% |
|                            | Writing Scientifically                   | essays, 75%                     | exam, 25% |
|                            | Depth Psychology                         | essays, 75%                     | exam, 25% |
| <b>Employability</b>       | Working scientifically                   | essays, 75% / presentation, p-f | exam, 25% |
|                            | Salutogenesis                            | essays, 75% / presentation, p-f | exam, 25% |
|                            | Writing Scientifically                   | essays, 75% / presentation, p-f | exam, 25% |
|                            | Depth Psychology                         | essays, 75% / presentation, p-f | exam, 25% |

### **Mapping of assessments and learning outcomes**

Developing the programmes (since 2000) great care has been taken to match the assessment tools and the learning outcomes. Thus, all assessment tools should be able to reflect, to a higher or lower degree, all learning outcomes. The table below matches the main learning outcomes (Programme Specification, see there for programme specific details) and the suitability of the elements of assessment used:

- ESSAYS (OR seminar paper)
- P&P: participation and presentation in work group
- EXAM
- THESIS

E.g., *THESIS > P&P > ESSAYS > EXAM* means that the *thesis* takes priority in reflecting the outcome, followed by *participation and presentation in the work group*, followed by the *essays*, followed by the *exam*. This sequence may be different for different learning outcomes as well as for different types of skills.

| <b>i) Knowledge and understanding in the context of the subject</b>       | <b>ii) Cognitive skills</b>   | <b>iii) Subject-specific practical \ professional skills</b>              | <b>iv) General \ transferable skills</b>                                  |
|---|---|---|---|
| <b>1) concept evaluation:</b><br>ESSAYS > EXAM > P&P                      | <b>1) concept evaluation:</b><br>ESSAYS > P&P > EXAM                      | <b>1) concept evaluation:</b><br>P&P > ESSAYS > EXAM                      | <b>1) concept evaluation:</b><br>P&P > EXAM > ESSAYS                      |
| <b>2) link to own profession:</b><br>ESSAYS > EXAM > P&P                  | <b>2) link to own profession:</b><br>ESSAYS > P&P > EXAM                  | <b>2) link to own profession:</b><br>P&P > ESSAYS > EXAM                  | <b>2) link to own profession:</b><br>P&P > EXAM > ESSAYS                  |
| <b>3) research:</b><br>THESIS ><br>ESSAYS > EXAM > P&P                    | <b>3) research:</b><br>THESIS ><br>ESSAYS > P&P > EXAM                    | <b>3) research:</b><br>THESIS ><br>P&P > ESSAYS > EXAM                    | <b>3) research:</b><br>THESIS ><br>P&P > EXAM > ESSAYS                    |
| <b>4) education and information of the public:</b><br>ESSAYS > EXAM > P&P | <b>4) education and information of the public:</b><br>ESSAYS > P&P > EXAM | <b>4) education and information of the public:</b><br>P&P > ESSAYS > EXAM | <b>4) education and information of the public:</b><br>P&P > EXAM > ESSAYS |
| <b>5) Self &amp; social competencies:</b><br>ESSAYS > EXAM > P&P          | <b>5) Self &amp; social competencies:</b><br>ESSAYS > P&P > EXAM          | <b>5) Self &amp; social competencies:</b><br>P&P > ESSAYS > EXAM          | <b>5) Self &amp; social competencies:</b><br>P&P > EXAM > ESSAYS          |

### **Procedural details**

#### **Work commitments, modes of submission, marking results**

Information on when students will have to deliver which contribution is provided a) at the beginning of the programme and in the student handbook, b) at the beginning of each module and c) at the beginning of each week for the distance learning contributions.

During the distant learning phase, written contributions are submitted to the learning platform (password access). About 12 students always form a group unit that remains the same for all modules and work groups, the members of which will read both their colleagues' contributions as well as the staff's individual feedback to these contributions including their own. Contributing students and staff display their names.

Marking (by two staff members) is described above. Students are informed on marking results via the learning platform.

Submission of the final written essay to each module (as a rule at the on-campus weekend when the theoretical main part of the module is completed), participation and presentation in work groups (throughout the year) as well as exams at the end of the year take place on-campus.

Work during the preparatory phase of student's thesis can be submitted electronically or by post, or is delivered on-campus.

***Dates for submissions, penalties for late submissions, referrals procedure, compensation / condonement pattern***

In year 1 and 2, students have to deliver their written contributions at regular intervals during the module to assure coherence of the whole group (about 12 persons). However, in exceptional cases, late submission (referral) is possible until the end of the year, i.e. in due course before the final essay is delivered and the final examination takes place. If a seminar paper is performed, this has to be delivered and discussed at the end of the year.

Students who do not deliver their essays / seminar paper in due time without good cause have to take the examination in the follow up year.

Students have to deliver their thesis in due course (normally one month) before the final presentation of the thesis is to be delivered.

Students who do not deliver their thesis in due time without good cause will have to take part in the presentation symposium in the follow up year.

All modules will need to be passed in order to obtain the degree.

The maximum number of years students have to obtain the doctoral award is 7 years.

***Coherence***

Modules are linked to one another in an interdisciplinary way.

***Recruitment points***

Recruitment is done every year. Students may enter the programme at module 1 OR at module 3.

***Pre-requisites***

Modules are structured in a way that theoretically a student would profit from each module in itself, i.e. without having studied another module previously. Thus, there are no prerequisites for studying any module.

***Progression***

Progression is from one year to the next, with the final examinations at the end of the academic year (i.e. in June). A student may progress to the second year even if he or she has failed the final exam at the end of the first year, but has to repeat the final exam for the first year before participating in the final exam for the second year (only one resit allowed).

The maximum time allowed to complete the programme is 7 years.

***Distance learning and student motivation***

In the blended learning format, student motivation is maintained through

- the rhythmical alternation of on-campus weekends and distance learning parts
- the continuity of the work groups (about 12 students) on-campus that also form the subunits for staff feedback in the distance learning phases

- the virtual group meetings on the learning platform where students' written contributions are accessed by all members of one and the same work group
- the virtual group meetings on the learning platform where staff feedback to the students' written contributions are accessed by all members of one and the same work group
- regular e-mail information by staff, e.g. on programme logistics, on projects, on related events, on new publications
- communication on common research and publication projects.

### ***Rules regarding examinations***

The Institution shall nominate a Superintendent of Examinations who shall be responsible for:

- the conduct of all examinations at the institution
- retain examination papers in his/her custody but shall show the envelopes to the Chairperson of the Examining Board concerned who shall verify the nature and number of papers contained in each envelope and seal the envelopes;
- examination rooms and the seating therein for examinations
- nomination of invigilators and arrangements for invigilation of examinations so that normally one invigilator acts for each group of fifty candidates or fewer
- the delivery of examination question papers (immediately before each examination) to the invigilator(s) who shall then distribute them
- ensuring that answer-books, tables and other necessary materials are available for each examination
- making appropriate arrangements for dealing with absentees from examinations, including notification of cases to Chairpersons of Examining Boards and the recording and the reporting of such cases.

### ***Appeals procedures***

With regard to all procedures concerning the programme and its delivery, students can appeal to the Board of Directors. This can either be done individually or via the students' representatives.

With regard to marking, students can appeal a) to the Module Leaders, b) to the board of directors and c) to the complaints contact person.

### ***Secure identification of students, protection against plagiarism, unfair practice procedure***

At the beginning of the course, students are identified with regard to their legal documents. Staff normally is familiar with students' identities. For examinations on-campus, students, if not personally known to the examination tutor, are identified with regard to their legal documents.

For submission of written contributions, students use personalized password accounts.

The format of written contributions and the tasks to be worked upon are designed in a way that would not make plagiarism attractive to the students, i.e. normally, contents of the module have to be reflected and researched in connection to one's own original competencies.

Staff is familiar with plagiarism research programmes.

Writing of contributions on-campus and examinations on-campus are supervised by staff or examination tutors.

### **Examination centres**

Examinations may take place at the premises of the Interuniversity College, Castle of Seggau, 8430 Leibnitz, Seggauberg 1, Austria or at other suitable locations.

### **Accreditation of prior learning**

The College may, at its discretion, deem the performance of a student in study previously pursued and/or any prior experiential learning to count towards the requirements for the award of a degree. Specially students who have already obtained the degree of an MSc in Complementary, Psychosocial and Integrative Health Sciences or of an MSc Child Development may upgrade the Modules “Working and writing Scientifically”, “Salutogenesis” and “Depth Psychology” in a condensed form.

### **Throughout the course, students are expected ... (survey)**

- to participate in all on-campus and distance learning activities
- to develop an approach of critical openness and respectful interaction
- to actively participate in scientific and psychosocial reflection of their original competencies (which also implies self reflection)
- to develop skills in unprejudiced dealing with research questions
- to develop skills in formulating own research questions
- to professionally present and discuss results

In detail, students are expected to meet the learning outcomes described in the module descriptors.

Students will respect the rules of the house.

### **Monitoring of student progress on the course (survey)**

- Participation in on-campus activities is monitored by students’ signing of participation lists
- Staff will monitor students’ presentation of cases in the work groups
- The number of students’ written contributions (“RE”, see above) to study units will be monitored by automatic listing
- Students’ contributions will be monitored quantitatively (“essays” / “seminar paper”) and qualitatively (“essays” / “seminar paper” and RE-RERE) by staff, results will be communicated within staff via the learning platform

### **Access to facilities for disabled students**

All parts of the blended learning process are suitable for participation of disabled students. Teaching centres are fully equipped for the needs of disabled people. Distant learning is a classical way of facilitating the integration of disabled students.

### **Minimum requirements for students’ hardware and software**

#### *Hardware*

PC Windows XP+ / Mac / Linux

#### *Software (including plug ins)*

PDF Reader (e.g. Adobe Acrobat Reader) / writing software (e.g. Windows Word, Open Office) / presentation software (e.g. Windows Powerpoint, Open Office).

*No special browser is required.*

### **Details of the technical support arrangements for on-line facilities**

- Availability: Password access to the learning platform is provided to all students at the beginning of the course. Online availability > 99% is guaranteed by the provider
- Call out procedures: A detailed work plan is delivered to the students (a) at the beginning of each module and (b) at the beginning of every week during the module
- Backup: Backup of the learning platform is organized by the Webmaster; students are responsible for backups of their personal computers if necessary

- Recovery: Data are stored in a double saving system by the webmaster and can thus be delivered to students in case of need
- Monitoring: The administrative Secretary is responsible for monitoring data exchange processes, specially delivery of study units, students' feedback, tutorial staff feedback, and students' final feedback
- Escalation procedures: personal technical support is provided upon request (face to face, via phone or e-mail) by the administrative secretary and by the webmaster's office

### ***Passwords etc.***

All on-line facilities of the learning platform are password access only. Any changes to on-line material can be tracked and audited.

Course leaders can monitor staff and student usage of online facilities.

### ***Student Handbook***

A Student Handbook will be provided at the beginning of the first year. This will contain most of the information given in the Validation Proposal, esp. Section 3 and 4, and will include reference to the following:

- timetables and dates for delivery and assessment of the programme of study
- detailed information on the assessment and examination of the programme of study, including regulations on the late submission of work, mitigating circumstances, unfair practice, appeals etc.
- information on student feedback, complaints, pastoral care provision and student support
- information on the systems for student engagement in the management of the programme of study including details of the procedure for appointment of student representatives.

The Student Handbook will also include a condensed version of important information in condensed form and with additional explicatory comments.

### ***Staff Handbook***

Staff will be provided with an analogous Staff Handbook.

## **Ressources**

### ***Seminar centre and offices***

The Castle of Seggau is a professional seminar centre and is equipped accordingly. Furthermore, staff are equipped with individual office and IT facilities.

### ***Teaching materials***

Our teaching materials, including distant learning materials (multimedia VLE and texts), are continuously updated on the basis of developments worldwide as well as our own research and students' feedback. In addition, we are also considering a broader approach with staff addressing students via distance video communication.

### ***Library provision***

The College library contains:

- about 1000 books which include all required core texts (at least one copy of each and more than one copy for certain books)  
Note: students get a personal copy of the module core book when they join the module.
- specialized journals (around 10 subscriptions)
- selected students' theses (dissertations)

- special teaching materials developed by the *inter-uni.net* – partners as part of the EU project: PDF-files and multimedia html versions are available via a learners' platform on a weekly basis for all modules taught

The library provides web access to relevant journals and databases such as Pubmed / Medline and the Cochrane Library.

Access is provided to a student's library including a variety of texts for recommended reading (pdfs).

Students have lending rights at their local (university) libraries. Specially, they have access to all local and distant library facilities of the University of Graz, such as The European Library, and items can be delivered directly to the College library at Graz / Seggau Castle.

Linked to the College library is an extensive digital students' library of texts including all students' theses (dissertations) and further material.

The library is accessible for staff and students at Seggau Castle during on-campus weekends (see below, classrooms) and at the city office of the College at defined opening hours between on-campus weekends. A librarian takes role in library coordination as well in library tutoring.

### **Laboratory facilities**

Apart from a central equipment storage room for students at the central office of the College, laboratory facilities are dislocated:

- facilities for studies on zoological (amphibian) and botanical (seed germination) bio assays
- facilities for the physiological bio assay (heart rate variability)
- external partner laboratories (water physics and others, cf. *inter-uni.net*)

These are used for students' thesis work, work of the research fellows and staff research work.

## **Staff**

### **General**

The main staff of the College started their collaboration in the 1990s in the development team, at that time based on part-time contracts only. Plans for headcount development are sketched out below. Due to the well-tuned cooperation between staff members, and the blended structure of communication (meetings and Internet), the College's / the Hochschule's management, teaching and research work is well coordinated. It has also been decided to stick to the policy of having a substantial share of part-time staff rather than fewer staff working full-time, as this enables the College / the Hochschule to have collaborators from a wider range of disciplines whose expertise is maintained by their ongoing academic work (preferably at a university).

Numbers are:

- academic staff: 22, five of which with *venia legendi*
- management staff: 6
- external management staff: 6
- academic staff with management responsibilities: 3
- external services staff: 7
- external course auditors: 1
- external examination auditors: 2

The balance of full-time and part-time is:

2 full-time employees (an administrator and the managing/scientific director).

- 9 part-time employees.
- The rest of the staff are paid on the basis of flat-rate agreements or by the hour, e.g. for seminars and expert collaboration.

*For CVs of staff, see [www.inter-uni.net](http://www.inter-uni.net)*

### **Staff development policy**

The College offers possibilities for development to all staff.

All academic staff are invited to sit alongside students at on-campus weekends given by other academic staff. New academic members of staff are required to sit at a number of the seminars for staff development purposes. Staff are also invited to read core texts and other reading materials for modules other than the one they are teaching and they are supported in this. All this is provided free of charge.

Key administrative and academic staff is funded to attend external development courses (e.g. research methodology, work groups techniques, mediation).

Further information related to staff:

- Staff is selected based on their academic qualifications, with *venia legendi* (/ habilitation) or at (Ph)D-level, their research activities, their competencies/capabilities and their participation in continuous development in their individual fields.
- Staff is selected according to their interest in and commitment to interdisciplinary work.
- Staff members can take part in selected workshops and seminars, including student's presentations of their original field, which is a fruitful source of interdisciplinary learning and discussion.
- Staff members take part in regular supervision or peer-debate meetings of staff and directors.
- Staff members meet regularly for staff peer debate.
- Some staff participate in the production of course materials in collaboration with other academics (interdisciplinary work).
- Research and publication joint ventures among staff and scientific board members enhance interdisciplinary learning.
- Directors / Course leaders are required to have fully participated in one of the College's courses.
- Module Leaders exchange and communicate with each other about module texts.
- Selected staff members (psychosocial group coordinators) take part in continuous staff work groups.
- Course coordinators regularly meet for peer debate.
- Regular staff meetings take place on teaching, learning and assessment.
- Regular staff debates take place on research and publication.

### **Technical and administrative staff**

Technical and administrative support is provided by:

- the administrator
- the secretary
- the learning platform coordinator and webmaster
- the College librarian
- the external library linkage tutor

- the statistician
- the external IT specialist
- the external Business Administration specialist
- the external tax and law specialist
- the external payroll office
- the external book keeping office
- the external student accommodation service (for on-campus weekends)
- the external on-campus weekend facilities management and service (Seggau Castle)
- the coordinator of Public Relation activities
- the translator (English)
- external translation assistance
- Seggau Castle (A), as well as Paramed Zentrum für Komplementärmedizin (CH), where on-campus weekends and meetings take place, provide all the usual technical equipment.

An analogue administration platform is used to monitor:

- students' personal data as collected upon admission
- students' participation in the distant learning process
- students' individual written contributions to the study units
- the coordinator's comments on these contributions
- students' participation in on-campus weekends (also documented in hardcopy)
- students' performance in final module tests (also documented in hardcopy)
- the coordinator's grade proposals after the completion of modules
- students' thesis topics and performances (together with PDF)
- the thesis coordinator's grade proposals.

These data are used to prepare staff meetings on marking.

## Quality assurance

The specific responsibility for quality assurance lies with the Head of the College, working through the Academic Directors. Under the guidance of the Mission Maintenance Board the Head and Academic Directors are responsible for the recruitment, placement and oversight of all staff. Their authority is exercised through a series of other boards and committees, which ensure that quality assurance is a concern for all staff and students involved in the process.

Quality assurance includes concepts, structures, processes and outcomes.

- Concepts and the mission of the College are frequently discussed in directors' and staff work groups.
- Structures and Processes concerning staff, material, IT, curriculum and logistics as well as assessment and grading are frequently discussed in directors' and staff work groups in collaboration with students' representatives, and are reviewed by external specialists and examiners.
- The programmes have been first registered by the Austrian Ministry of Science in 2004 and 2005.
- Furthermore, from 2008 to 2010 a thorough evaluation by the Validation Board of the University of Wales and by an International Coaching Agency took place. Based on this assessment, it was stated that the College and its programmes meet the British and, by extension, the Bologna University criteria.
- The programmes and the cooperation with the UCN have been registered by the Austrian Ministry of Science and by the Austrian Accreditation Agency in 2012 and 2015/2016.
- Protocols are submitted to the European Dean of the UCN at regular intervals.
- Teaching materials have evaluated both by external specialists and by the European Commission, and have invariably earned excellent ratings.
- Structures and Processes concerning staff and teaching are reviewed by students in anonymous evaluation events at regular intervals.
- Outcomes
  - The congruence between (actual) teaching and (postulated) learning outcomes is frequently reviewed by students in anonymous evaluation events.
  - Peer review of research papers, which should preferably be submitted to indexed journals, is an important tool for assurance of the quality of research and publication.

It is central to the policy of the Interuniversity College to ensure that there is a high level of communication within the school in order to maintain, monitor and improve quality. This is of particular importance given the geographical dispersion of its staff.

## List of further materials (at the Interuniversity College)

- A 1: Members of the inter-uni.net for integrated health sciences
- A 2: List of recent publications
- A 3: Didactical approach – integration of child development research
- A 4: Considerations on learning outcomes
- A 5: Balint group work
- A 6: Ethics Committee
- A 7: Audited accounts (not included)
- A 8: Schedule for a typical on-campus weekend
- A 9: Example of the academic calendar
- A 10: Guidelines for writing essays
- A 11: Thesis guidelines
- A 12: Link to examples of teaching materials (not included)
- A 13: Details on marking criteria for essays
- A 14: Details on marking criteria for the thesis
- A 15: Specimen question papers: assignments for essays
- A 16: Specimen question papers: assignments for an on-campus examination
- A 17: Budget development plan (not included)
- A 18: Full CVs of the staff (not included, see [www.inter-uni.net](http://www.inter-uni.net))
- A 19: Evaluation documents University of Wales 2010 / 2003 / 1999
- A 20: Accreditation documents Austrian Ministry of Education 2009 / 2005 / 2004
- A 21: Materials on the evaluation of the EU project 2005
- A 22: Evaluation Global Education Coaching Agency 2010
- A 23: Specimen pro forma for internal evaluation of modules
- A 24: Specimen pro forma for internal evaluation of staff